If you have lived on this continent for at least the last three years, and they are telling you, you need to become "up to date" on your COVID-19 "vaccination" because they said so, kindly and firmly tell them:

## **#IDONOTCOMPLY**

Tell them you are NOT a human pincushion



and they can yell and scream all they want, but you will NOT be letting anyone inject you with mRNA instructions to let your own cells be hijacked into making a protein that does NOT belong in your body.

Invite them to learn how the COVID-19 mRNA shot/booster is NOT a vaccine, does NOT confer immunity and is NOT SAFE. Start here: <u>https://www.canadiancovidcarealliance.org/?s=mcleod</u>